



Bereavement Training For Professionals Supporting Children & Young People

Bespoke, practical training for schools, organisations and professionals supporting children and young people through bereavement.

the
Laura
centre

For when a child dies or is bereaved

Training For Schools & Professionals

The Laura Centre is a leading Leicester-based bereavement charity, offering specialist support to children, young people and parents after the death of a parent, child or sibling.

Alongside our counselling services, we provide specialist training for professionals working with children and young people across education, healthcare, social care and community settings, helping build confidence and understanding around bereavement.



Our training equips you to -

- Recognise how grief presents at different developmental stages
- Implement practical, age-appropriate interventions, including tools such as memory boxes and feelings charts
- Respond with confidence and compassion in difficult conversations
- Support a bereaved child or young person within your setting
- Understand the wider impact of loss on families and teams

Because every organisation is different, our training is never off-the-shelf. Unlike generic training providers, our sessions are tailored to the needs of your setting, and delivered by therapists who actively support bereaved families every day.

Pricing is bespoke and based on the size of your team and the format of delivery.

"This training gave our team the confidence and language we needed to support bereaved children properly. It was practical, grounded and immediately applicable to our setting."

*- Senior Leader,
Primary School*

Bereavement Training FAQ's

Who is this training suitable for?

Our training is designed for any organisation working with children and young people. This includes schools and colleges, early years settings, healthcare professionals, social care teams, youth workers, sports and community organisations.

What level is the training?

We offer introductory awareness sessions as well as more in-depth specialist training. This can include understanding developmental responses to grief, responding to sudden or traumatic death and supporting a child returning to your setting.



Who delivers the training?

All sessions are led by experienced therapists from The Laura Centre who work directly with bereaved children and young people. The training is grounded in real-life practice and clinical experience.

Can the training be delivered online or in person?

We offer both in-person and virtual sessions. The format can be discussed and agreed based on your organisation's needs.

How long is the training?

Training length varies depending on your requirements. We can deliver short awareness sessions, half-day or full-day workshops, or bespoke programmes across multiple sessions.

How is pricing structured?

Because every organisation is different, pricing is bespoke. Costs are based on the size of your team, the depth of training required and the format of delivery.

What Your Training Could Look Like

Our training is tailored to the unique requirements of your setting. Below is an example of how sessions can be structured.

Introductory Session (1.5-2 hours)

Ideal for whole teams seeking foundational understanding.

- How children understand death at different stages
- How grief presents in behaviour and wellbeing
- Language guidance - what to say and what to avoid
- Recognising when additional support may be needed

Half-Day Workshop (3-4 hours)

For pastoral, safeguarding or frontline staff.

- Responding to sudden or traumatic bereavement
- Supporting a child returning to your setting
- Scenario-based discussion and practical application
- Reviewing current practice and identifying next steps

Full-Day or Specialist Training (Bespoke)

For organisations seeking deeper development.

- Complex and layered grief
- Trauma-informed approaches
- Embedding a consistent organisational response
- Strengthening policies and internal systems

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To discuss training for your organisation,
contact our team today.

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