

## Child, Young Person & Family Counsellor



**Closing date for applications: Monday 15<sup>th</sup> April at 5pm**

**Interview dates: Tuesday 23<sup>rd</sup> April 2024**

**Start date: To be negotiated**

**Applications to be sent to: [sandip@thelauracentre.org.uk](mailto:sandip@thelauracentre.org.uk)**

### **About The Laura Centre**

The Laura Centre is a bereavement centre providing confidential counselling and holistic support to parents affected by the death of a child, and for any child or young person from the age of 5 to 25, affected by the death of a parent/carer or sibling. The Laura Centre provides a holistic range of support including specialist bereavement counselling, which is at the heart of our service. We also offer other therapeutic support through a variety of group work and systemic family therapy work. We offer a package of care to all beneficiaries accessing our services, across the geographical area we serve. Please see our website for more information about our service [www.thelauracentre.org.uk](http://www.thelauracentre.org.uk)

The charity is currently looking to provide an exciting opportunity for a qualified and experienced counsellor. This work will focus on our clinical delivery in Leicester. We welcome applicants who are compassionate and dedicated to working for a diverse and hard working team of different therapeutic modalities and backgrounds. We are committed to supporting the wellbeing and personal development of the staff we employ to ensure a healthy and dynamic team.

If you would like to discuss the role in more detail please contact the CEO Sandip, on 0116 2544341 or email [sandip@thelauracentre.org.uk](mailto:sandip@thelauracentre.org.uk)

### **Summary job description:**

<b>Job title:</b>	Child, Young Person & Family Counsellor
<b>Responsible to:</b>	Director of Therapeutic Services
<b>Place of work:</b>	The Laura Centre: 4-6 Tower Street, Leicester LE1 6WS.
<b>Hours:</b>	22.5 hours per week over 3 days. Must be able to work on a Thursday and Friday
<b>Salary:</b>	£29,582 - £31,580 (Full time equivalent) Employer NEST Pension contributions.
<b>Annual leave:</b>	35 days pro rata <b>including</b> statutory bank holidays.

**Role Summary:**

To provide counselling at The Laura Centre to bereaved children, young people and their families either on an individual basis, in family groups or in therapeutic client groups. The main focus of this role will be on working with children, young people and their parents/carers.

**The Laura Centre's Support package for its counsellors**

- Provision of payment for all supervision costs for 1.5 hours a month with an external supervisor.
- 6 CPD days a year are provided in house either with external trainers/facilitators, or specialist training by qualified member of staff within the TLC team.
- Regular meetings with an allocated line manager for support and to review workload and training and development needs.
- Being a part of a team that provides an ethos of mutual support.

**Key tasks and responsibilities:**

- To be an active and involved member of the TLC team.
- To provide initial assessment appointments.
- To provide individual counselling appointments to children, young people and support to parent/carers.
- To provide family work where appropriate or re-refer internally to the centre's family therapy lead.
- To provide information, support and review/ending meetings with parent/carer(s).
- To be fully involved with colleagues in relation to prioritisation, risk assessment and joint working with individuals and families.
- To be involved with others in the planning, preparation, delivery and debriefing of therapeutic groups for children, young people and families.
- To liaise with other organisations and professionals where appropriate.
- To maintain accurate records of all client work for the purposes of statistical data analysis for external funders, evaluation and monitoring, clinical supervision.
- To provide information and contribute to report writing when required.
- To participate in clinical meetings and team meetings.
- To be involved in memorial and other events organised by the TLC team.
- To contribute to the wider work of TLC – including training, publicity and the general running of the centre.
- To be an active and involved member of the TLC team.
- To adhere to The Laura Centre's ethos and work in accordance with our policies and procedure.

## Person Specification: Child, Young Person & Family counsellor

Criteria	Essential	Desirable	Where assessed: (for key – see below)
A good standard of general education.	X		A
A recognised qualification in counselling, psychotherapy, psychology or systemic therapy.	X		A
2 yrs post qualifying experience as a practicing therapist or counsellor.		X	A
Accreditation, or eligible for and working towards accreditation with UKCP, BACP or equivalent professional body.	X		A
Professional training in therapeutic work with children and young people.		X	A, I
Experience of working therapeutically with children and young people.	X		A, I
Experience of working therapeutically with adults.		X	A, I
A good understanding of developmental issues.	X		A, I
Experience of carrying out initial assessments.	X		A, I
Experience of working within at least two of the following areas: groups, families or bereavement.		X	A, I
Experience of putting together and delivering therapeutic workshops/groups.		X	A, I
Understanding of, and the ability to be at ease with, the experience and consequences of bereavement.	X		A, I, G
Knowledge of a range of therapeutic approaches with a sympathy towards client centred work; using brief, medium and longer term interventions.	X		A, I

Excellent interpersonal skills with the ability to confidently build and maintain good relationships with people from a wide variety of backgrounds and ages.	X		I, G
Willingness to be part of a small team and to share openly with colleagues.	X		I,G
Evidence of self motivation and ability to use initiative and to work independently.	X		A,I
Emotional maturity, stability and resilience.	X		I, G
Willingness to seek support and guidance appropriately when difficulties arise in the course of work.	X		I, G
Openness and willingness to share successes and failures for mutual learning.	X		I
Good sense of humour.	X		G
The ability to experience and convey empathy, congruence and acceptance to people from a wide range of backgrounds and ages.	X		I, G
Ability to manage referrals and maintain an accurate PC based confidential system of records.	X		A
Flexible team player, with the ability to be adaptable to stressful and/or changing situations.	X		A,I

A= Application form, Interview = Individual interview, G = Group meeting with some TLC counsellors.