

**Post 2: Adult Counsellor**

**Closing date for applications: 5pm Monday 17<sup>th</sup> May 2021**

**Interview date: Tuesday 25<sup>th</sup> May 2021**

**Start date: Asap**

**About The Laura Centre**

The Laura Centre is a bereavement counselling centre providing confidential counselling for parents affected by the death of a child, and for any child or young person up to the age of 25, affected by the death of a parent/carer or sibling. The Laura Centre provides a holistic range of support including specialist bereavement counselling, which is at the heart of our service. We also offer other therapeutic support, including complimentary therapies, a variety of group work and systemic family therapy work, which the charity aims to develop. We offer a package of care to all beneficiaries, accessing our services, across the geographical area we serve.

The charity is currently looking to provide two exciting opportunities for qualified and experienced counsellors. This work will focus on our clinical delivery in Leicester, Leicestershire and Rutland, as well as Derbyshire. We welcome applicants who are compassionate and dedicated to working for a diverse and hardworking team of different therapeutic modalities and backgrounds. We are committed to supporting the wellbeing and personal development of the staff we employ to ensure a healthy and dynamic team.

**Summary job description:**

**Post 2: Derby**

<b>Job title:</b>	Adult Counsellor
<b>Responsible to:</b>	Director of Clinical Services
<b>Place of work:</b>	The Laura Centre: 14 Vernon street, Derby DE1 1FT.
<b>Hours:</b>	15 hours per week
<b>Salary:</b>	£28,860 - £30,810 (Full time equivalent)
<b>Annual leave:</b>	35 days pro rata <b>including</b> statutory bank holidays.

**Role Summary:**

To provide counselling at The Laura Centre to bereaved parents either on an individual basis, as couples or in therapeutic client groups. The main focus of this role will be on working with adults and couples.

**The Laura Centre's Support package for its counsellors**

- Provision of payment for all supervision costs with an external supervisor.
- CPD in house either with external trainers/facilitators, or specialist training by qualified member of staff within the TLC team.
- Regular meetings with an allocated line manager for support and to review workload and training and development needs.
- Being a part of a team that provides an ethos of mutual support.

**Key tasks and responsibilities:**

- To be an active and involved member of the TLC team.
- To provide initial assessment appointments.
- To provide individual counselling appointments to bereaved parents.
- To provide couple's counselling.
- To provide information, support and review/ending meetings
- To do some work with young people when appropriate.
- To be fully involved with colleagues in relation to prioritisation, risk assessment and joint working with individuals and families.
- To be involved with others in the planning, preparation, delivery and de- briefing of therapeutic groups.
- To liaise with other organisations and professionals where appropriate.
- To maintain accurate records of all client work for the purposes of statistical data analysis for external funders, evaluation and monitoring, clinical supervision.
- To provide information and contribute to report writing when required.
- To participate in counsellor assessment, clinical issues and continuing professional development meetings.
- To participate in staff meetings.
- To be involved in memorial and other events organised by the TLC team, this will require occasional weekend working.
- To contribute to the wider work of TLC – including training, publicity and the general running of the centre.
- To be an active and involved member of the TLC team.
- To adhere to The Laura Centre's ethos and work in accordance with our policies and procedure.

## Person Specification: Adult counsellor

A: Application form I: Interview

Criteria	Essential	Desirable	Where assessed: (for key – see below)
A good standard of general education.	X		A
A recognised qualification in counselling, psychotherapy, psychology or systemic therapy.	X		A
3 yrs post qualifying experience as a practicing therapist or counsellor.	X		A
Accreditation, or eligible for and working towards accreditation with UKCP, BACP or equivalent professional body.	X		A
Experience of working therapeutically individually with adults and couples.	X		A, I
A good understanding of psychological issues.	X		A, I
Experience of carrying out initial assessments.	X		A, I
Experience of working within at least two of the following areas: groups, families, bereavement, training.		X	A, I
Experience of putting together and delivering therapeutic workshops/groups.		X	A, I
Understanding of, and the ability to be at ease with, the experience and consequences of bereavement.	X		A, I
Knowledge of a range of therapeutic approaches with a sympathy towards client centred work; using brief, medium and longer term interventions.	X		A, I
Excellent interpersonal skills with the ability to confidently build and maintain good relationships with people from a wide variety of backgrounds and ages.	X		I

Willingness to be part of a small team and to share openly with colleagues.	X		I
Evidence of self motivation and ability to use initiative and to work independently.	X		A,I
Emotional maturity, stability and resilience.	X		I
Willingness to seek support and guidance appropriately when difficulties arise in the course of work.	X		I
Openness and willingness to share successes and failures for mutual learning.	X		I
Good sense of humour.	X		I
The ability to experience and convey empathy, congruence and acceptance to people from a wide range of backgrounds and ages.	X		I
Ability to manage referrals and maintain an accurate PC based confidential system of records.	X		A
Flexible team player, with the ability to be adaptable to stressful and/or changing situations.	X		A,I